## Lesson #1

**Orientation**: My expectations for BTW

**Destination:** Washington Residential

### **SKILLS**

## A. **Pre-Entry**

- 1. Walk around vehicle; check for vandalism, obstructions
- 2. Choose safest backing path

#### B. **Pre-Movement**

- 1. Put key in ignition
- 2. Lock doors
- 3. Adjust seat and mirrors
- 4. Put seat belt on and adjust as needed
- 5. Adjust headrest and tilt wheel
- 6. Start vehicle (Right foot on brake)
- 7. Check fuel gauge
- 8. Release parking brake if engaged

# C. Securing the Vehicle

- 1. Gear selector in "P" (Park)
- 2. Set parking brake, if needed
- 3. Turn off wipers and lights, if needed
- 4. Exit vehicle with keys in hand
- 5. Lock doors

### D. Controls and Gauges

- 1. Locate and operate all devices (wipers, lights, radio, AC, heater, defrosters, turn signals, hazard lights)
- 2. Identify all gauges and know what they mean

# E. Starting and Stopping

- 1. Right foot braking and right foot accelerating
  - ✓ Right foot heel should be on the floor when using the brake and accelerator, pivoting between the two pedals
  - ✓ Think smooth

# F. Backing

- 1. Left hand at 12 o'clock on steering wheel when backing straight or to the right
- 2. Right arm on passenger seat when backing straight or to the right
- 3. Right hand at 12 o'clock when backing to the left

- 4. Look toward the direction you are backing, occasionally checking the vehicles you are parked next to
- 5. Back up at a walking speed; have brake covered

# G. Tracking

- 1. Center of car covering "Grease Spot" (Any discoloration on center of lane)
- 2. Should look 12-15 seconds ahead down the center of your lane (Target area)

### H. Intersection Recognition

- 1. Recognize your traffic control (Stop or Yield) and traffic controls for cross traffic
- 2. Always look LEFT, RIGHT, LEFT before crossing or turning at an intersection
- 3. Give yourself plenty of time (GAP) to cross an intersection or join traffic to the right or to the left
- 4. Always have a clear line of sight at intersections
  - ✓ Go very slow if line of sight is not clear

## 1. Turning

- 1. Left turns Turn just before ½ way through the intersection
- 2. Right turns Turn as soon as your front bumper gets to the street
- 3. Slow to 10-15 MPH before turning at an uncontrolled intersection (no traffic controls)
- 4. Accelerate ½ way through your turn
- 5. Use hand-over-hand steering
- 6. Look down your path of travel
- 7. Check mirrors before turning
- 8. Signal 100 feet before the turn in residential and business districts
- 9. Resume posted speed limit

# J. Sign Recognition

- 1. Look for speed limit signs
- 2. Look for warning signs
- 3. Look for traffic controls

### K. Line of Sight

1. Cover brake and go very slowly until you have a clear line of sight down your path of travel and in both directions

# **RESOURCES**

Drive Right Textbook: Chapter 2; Chapter 3, Chapter 4, Chapter 5

S.O.S. Parent-Teen Driving Guide: Pages 8, 9, 10, 11

#### **KEY LEARNING POINTS**

#### **Remember Visual Habits:**

- ✓ LEFT, RIGHT, LEFT at intersections
- ✓ Your traffic control and cross traffic control at intersections
- ✓ Recognize signs and meaning

# **Remember Terms:**

- ✓ Right foot braking
- ✓ Right foot accelerating
- ✓ Look where you are backing
- √ "Grease Spot" (tracking line)
- ✓ Sight distance (12-15 seconds ahead)
- ✓ GAP time to join traffic safely
- ✓ Hand-over-hand steering
- ✓ Path of travel
- ✓ Line of sight

# **Practice Area:**

- ✓ Residential
- ✓ Parking lot
- ✓ Light traffic country road
- ✓ Driveway